## Contents

Acknowledgements	Acknowledgements				
Preface		7			
Contents	Part I	13			
₽°℃\$	1 Love will cool if Cupid's arrow finds the mark but once a year	19			
۵℃	2 Harmonizing two frequencies essential to good relationship	23			
åå♡ q	3 Is the elixir of love in food, or are aphrodisiacs hopeful hooey?	27			
۵℃åå	4 June bride pops the question: Why do we weep at a wedding?	33			
₽\$♡	5 Nature's paradox: Men want to love more than just one woman	37			
°°¢¢ °°\$	6 Money almost broke them up but love taught them to manage it	41			
۵℃	7 Being married doesn't mean that you and spouse are joined at the hip	47			
ůå°♥ ♀	8 Enjoy an afternoon dalliance even if you're happily married	51			
°åå≎	9 Do not avoid the tender trap as it's a good place to get caught	55			
å⇔c°\$	10 The holidays are inevitable, so make use of that mistletoe	61			
ååo ₽	11 I'll hold you. You'll hold me. Take my hand, as one we'll be	65			
åå q	12 Have you got sex on the brain? Well, you're certainly not alone	69			

## Key to the Table of Contents

Topics explored in each column and for whom they may be relevant are indicated by icons.

Singles



C Love & Romance



Commitment

**Q** 

Sex & Sensuality



Money

## Part II

## Part III

ů¢ ₽	13 Master the fine art of cuddling through long, cold winter nights	77	₽°∇⇔ã	25 Look out for Number One and relationships suffer	135
åå°♥ ♀	14 Dive into the realm of the senses and, please, peel me a grape	81	₽Ĵ♡ün	26 Virginity isn't all it once was. What does it mean to us now?	139
ది౪౭ి౪ి	15 A romance of over six decades deserves a daughter's homage	85	ᆸ ♡ፘጵ\$	27 After twenty years of marriage new life and new loves lie ahead	143
°℃⇔°	16 Ask, 'Is sexual chemistry real?' and you've yet to experience it	91	ది౪౪ిఫి	28 Courtship rituals and dating: Just hanging out or mating?	149
åå°♥ ♀	17 Ambiguous and potentially risky, but flirtation has its rewards	95	ది౪౭ౢి	29 Does unequal division of labor create division between lovers?	153
åå ç	18 Forget all of your old excuses, put a priority on your pleasure	99	₽°∇≌	30 One-on-one relationships versus consensual non-monogamous love	157
çç≎ç	19 Sweet are the memories of the lips that first kissed ours	105	ååo ₽	31 Talking about sex with your lover adds to the pleasure	163
۵ѽ♡	20 Woman uses her feminine wiles and man is apt to be beguiled	109	åå Pi	32 Bring on the dancing girls! 'Dirty dancing' gains respect	167
۵ѽ♡	21 Say it the old fashioned way. Express your love in a letter	113	습 ♡Ĉ둮	33 A lady charmer takes off his 'date face' and looks at self	171
₽°℃©	22 Somewhere out there is a man who holds my heart in his hands	119	ååor ₽	34 Better loving through technology, robots for your personal pleasure	177
åå ç	23 A sidewalk sex clinic offers lots of laughter and learning	123	దిఊ౪౭ౢౘ	35 Improve your love relationships by using the Law of Attraction	181
å ♡Č돢\$	24 In June, when wedding bells ring, singles are pressed to marry too	127	₽°℃±	36 Why do people want to have sex? For reasons varied and complex	185
	·		Index of Illustrations		191
			About the Artist		193