Contents

Acknowledgements	Acknowledgements				
Preface		7			
Contents	Part I	13			
₽°℃\$	1 Love will cool if Cupid's arrow finds the mark but once a year	19			
۵℃	2 Harmonizing two frequencies essential to good relationship	23			
åå♡ q	3 Is the elixir of love in food, or are aphrodisiacs hopeful hooey?	27			
۵℃åå	4 June bride pops the question: Why do we weep at a wedding?	33			
₽\$♡	5 Nature's paradox: Men want to love more than just one woman	37			
°°¢¢ °°\$	6 Money almost broke them up but love taught them to manage it	41			
۵℃	7 Being married doesn't mean that you and spouse are joined at the hip	47			
ůå°♥ ♀	8 Enjoy an afternoon dalliance even if you're happily married	51			
°åå≎	9 Do not avoid the tender trap as it's a good place to get caught	55			
å⇔c°\$	10 The holidays are inevitable, so make use of that mistletoe	61			
ååo ₽	11 I'll hold you. You'll hold me. Take my hand, as one we'll be	65			
åå q	12 Have you got sex on the brain? Well, you're certainly not alone	69			

Key to the Table of Contents

Topics explored in each column and for whom they may be relevant are indicated by icons.

Singles



C Love & Romance



Commitment

Q

Sex & Sensuality



Money

Part II

Part III

ů¢ ₽	13 Master the fine art of cuddling through long, cold winter nights	77	₽°∇⇔ã	25 Look out for Number One and relationships suffer	135
åå°♥ ♀	14 Dive into the realm of the senses and, please, peel me a grape	81	₽Ĵ♡ün	26 Virginity isn't all it once was. What does it mean to us now?	139
ది౪౭ి౪ి	15 A romance of over six decades deserves a daughter's homage	85	ᆸ ♡ፘጵ\$	27 After twenty years of marriage new life and new loves lie ahead	143
°℃⇔°	16 Ask, 'Is sexual chemistry real?' and you've yet to experience it	91	ది౪౪ిఫి	28 Courtship rituals and dating: Just hanging out or mating?	149
åå°♥ ♀	17 Ambiguous and potentially risky, but flirtation has its rewards	95	ది౪౭ౢి	29 Does unequal division of labor create division between lovers?	153
åå ç	18 Forget all of your old excuses, put a priority on your pleasure	99	₽°∇≌	30 One-on-one relationships versus consensual non-monogamous love	157
çç≎ç	19 Sweet are the memories of the lips that first kissed ours	105	ååo ₽	31 Talking about sex with your lover adds to the pleasure	163
۵ѽ♡	20 Woman uses her feminine wiles and man is apt to be beguiled	109	åå Pi	32 Bring on the dancing girls! 'Dirty dancing' gains respect	167
۵ѽ♡	21 Say it the old fashioned way. Express your love in a letter	113	습 ♡Ĉ둮	33 A lady charmer takes off his 'date face' and looks at self	171
₽°℃©	22 Somewhere out there is a man who holds my heart in his hands	119	ååor ₽	34 Better loving through technology, robots for your personal pleasure	177
åå ç	23 A sidewalk sex clinic offers lots of laughter and learning	123	దిఊ౪౭ౢౘ	35 Improve your love relationships by using the Law of Attraction	181
å ♡Č돢\$	24 In June, when wedding bells ring, singles are pressed to marry too	127	₽°℃±	36 Why do people want to have sex? For reasons varied and complex	185
	·		Index of Illustrations		191
			About the Artist		193